



Our Story

PANTRY 360 – THE REGIONAL GROCER is a boutique regional retail food outlet and café. We proudly support independent farmers, growers and food producers from within a 360km radius of Brisbane.

This area represents a network of regional food producers and growers from as far north as Bundaberg, south to Coffs Harbour and incorporates areas of the Darling Downs and South Pacific Ocean regions.

PANTRY 360 – THE REGIONAL GROCER provides the opportunity to support local producers and help sustain and develop our food resources now and into the future



Menu



Breakfast / Lunch

(available until 2pm)

Poached eggs on sourdough toast <u>(veg)</u> River Gum Free Range Eggs (Glen Innes, NSW)	\$9.50
Dippy eggs with ciabatta soldiers & smoked garlic salt <u>(veg)</u> Cypress Ridge Garlic (Ballandean)	\$9.50
Superfood granola with coconut yoghurt & poached seasonal fruit <u>(veg/vegan/df/gf)</u> The Unrefined Granola (Spring Hill)	\$13.50
Avocado on toast with house made labna <u>(veg)</u>	\$14.00
Double Choc Waffle <i>with fresh berries, vanilla, nutmeg coconut ice cream & Pine Rivers honey</i> <u>(veg)</u> CoYo Coconut Ice Cream (Yandina)	\$14.50
Savoury mince <i>with toasted ciabatta, roast vegetables and a poached egg</i>	\$17.00
Spinach & cheese omelette with roast mushroom & tomato <u>(veg/gf)</u> Norco Tasty Cheddar (Northern Rivers, NSW)	\$17.50
Fritters of zucchini & halloumi with poached eggs, bacon & avocado <u>(gf)</u> Gilly's Smallgoods Bacon (Clontarf)	\$19.00
P360 breakfast hot pot <i>chorizo & halloumi in a rich tomato sauce, topped with a baked egg</i> Pandelyssi Halloumi (Holland Park)	\$19.00



Breakfast / Lunch

(available until 2pm)

Garden salad with roast vegetable & caramelised balsamic dressing (veg)	Ghost Gully Lettuce (Gatton)	\$12.00
Regional Caesar salad	<i>cos lettuce, bacon, chorizo, croutons, parmesan & a poached egg</i> Roza's Gourmet Caesar Dressing (Sumner Park)	\$17.00
Harvest (veg)	<i>sauteed greens, mushrooms, avocado, halloumi, caramelised onion & a poached egg</i>	\$19.00
Steak sandwich with triple cream brie & caramelised onion served with roast potatoes	Barcoo Beef (Bangalo, NSW)	\$19.00

Additions & Sides

Chilli beans	\$4.00	Sourdough slice (toasted)	\$2.00
Bacon	\$4.00	½ Ciabatta (toasted)	\$2.00
Pork & fennel sausage	\$4.00	Ciabatta (toasted)	\$4.00
Halloumi	\$4.00	1 Poached egg (free range)	\$3.00
Mushrooms	\$4.00	2 Poached eggs (free range)	\$5.50
Tomato	\$3.00	Roast chat potatoes	\$3.00
Chorizo	\$4.00	Hollandaise / Relish	\$1.00
Avocado	\$4.00	Butter / Cream	\$0.50



Toasted Sourdough Sandwiches

(available all day)

Seasonal roast vegetable <i>(veg/vegan)</i>	\$9.00
Smoked chicken, triple cream brie & seasonal pesto	\$9.00
Salami, goat's cheese & tomato relish with spinach	\$9.00
Ham & aged cheddar with green tomato pickle	\$9.00

Croissants

(available all day)

Plain	\$4.50
with jam	\$6.50
with ham & cheese	\$8.50

Salads

(available all day)

Garden salad with roast vegetable & caramelised balsamic dressing <i>(veg)</i>	\$12.00
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Something Light

(available all day)

Fruit toast with cultured butter	\$4.50
Beach Brewing Co. (Maleny)	
Two slices of sourdough toast with Maleny cultured butter	\$4.50
with house made marmalade	\$6.50
with regional jam	\$6.50
with local peanut butter	\$6.50
Banana bread	\$5.50
Savoury muffin <i>(gf)</i>	\$5.50
Savoury muffin with relish & mixed lettuce <i>(gf)</i>	\$7.00
Fresh fruit muffin <i>(baked fresh daily)</i>	\$4.50
Gluten free chocolate brownie <i>(gf/veg)</i>	\$4.00
Rosella jam drop <i>(gf)</i>	\$4.00
Choc chip cookie	\$4.00
Muesli cookie	\$4.00
Protein ball <i>(gf/df/vegan)</i>	\$4.00



Groceries / Snacks

(available all day)

Fruit yoghurt 200g by Barambah Organics (Darra)	\$3.00
Coconut ice cream 125ml by Co Yo (Yandina)	\$4.50
Ice blocks by Frozen Sunshine (Maroochydore)	\$4.00
Macadamias 150g by Barenuts (Talegalla Weir)	\$8.95
Savoury Biscuits 120g by Mother Meg's (Toowoomba)	\$9.90
Peanuts 200g by Picky Picky (Kingaroy)	\$5.50
Pretzel & nut butter snack packs by Byron Bay Peanut Co. (Byron Bay)	\$4.50
Popcorn cone by Popcorn Lovers (Maleny)	\$5.00
Kale chips by Pure Probiotic (Byron Bay)	\$7.95
Beef jerky by Bald Rock (Toowoomba)	\$5.00

Bread / Milk / Eggs

and other essential grocery items available in store



DRINKS

Shop 2 / 48 Skyring Tce. Newstead
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Coffee

PANTRY 360 - THE REGIONAL GROCER

serves the 'Graeme' blend

The 'Graeme' blend combines port & cherry notes, with citric acidity from Mountain Top Estate, along with aniseed & fresh grass from Noosa Black and toast, chocolate and malty characters from Byron Bay Blue Estate. Enjoy with your preferred milk or as a stand-alone espresso



Coffee

Espresso / Ristretto	\$2.50
Short Macchiato / Piccolo Latte	\$3.00
Long Black / Iced Long Black (8oz/12oz)	\$4.00
Long Black / Iced Long Black (16oz take away cup only)	\$5.00
Long Macchiato	\$4.50
Cappuccino / Flat White / Café Latte / Iced Latte	
8oz Cup - Small	\$3.50
12oz Mug / Glass – Medium	\$4.50
16oz Large	\$5.50
Extra shot	\$1.00
Syrups	\$0.50

Caffeine free alternatives

Turmeric Latte / Matcha Latte / Chai	
8oz Cup - Small	\$4.00
12oz Mug / Glass – Medium	\$5.00
16oz Large (take away cup only)	\$6.00

Milk Selection

full cream / skim / lactose free / soy	
almond / coconut / macadamia	extra \$0.50



Tea

PANTRY 360 - THE REGIONAL GROCER

serves ARAKAI ESTATE premium loose leaf teas

Japanese tea varieties - Processed in the Taiwanese Style - for Australian Tastes.

A complex mix of floral, aromatic & sweet notes.

Premium Green	pot	\$4.50
Premium Black	pot	\$4.50

Herbal Tea

Lemon Myrtle	pot	\$4.50
Aniseed Myrtle	pot	\$4.50

by Natural & Abundant

Ginger	pot	\$4.50
Chamomile	pot	\$4.50
Peppermint	pot	\$4.50

by Kin Kin Tea, Lang's Gourmet & Planet Organics



The Perfect Brew Tea

The Perfect Brew Green Tea

To **5g of tea**, add **200-250ml** of freshly boiled water at around **85-90°C**.

We recommend:

- *the first steep to be 30 seconds*
- *the second - 45 seconds*
- *the third - 1 minute*
- *the fourth - 2 minutes*
- *the fifth - 3 minutes*

The Perfect Brew Black Tea

To **5g of tea**, add **200-250ml** of freshly boiled water at around **96-98°C**.

We recommend:

- *the first steep to be 45 seconds*
- *the second - 1 minute*
- *the third - 1.5 minutes*
- *the fourth - 2 minutes*
- *the fifth - 3 minutes*



Regional Wine List

Available by the bottle dine in or take away

Selected varieties available by the glass

Sparkling

	gls	btl
N/V Sparkling Rose - Clovelly Estate 750ml		\$20.00
Range Reserve Sparkling - Ballandean Estate 750ml	\$6.00	\$24.00
Strawberry Sparkling – Ohana Exotic Fruit Winery 750ml		\$25.00
Blanc de Blanc - Clovelly Estate 750ml		\$35.00

White

Semillon - Clovelly Estate 750ml		\$20.00
Verdelho - Clovelly Estate 750ml		\$20.00
White Pearl (Moscato style) - Ballandean Estate 750ml		\$20.00
Semillon/Sauvignon Blanc - Ballandean Estate 750ml	\$5.50	\$21.00
Viognier - Ballandean Estate 750ml	\$7.00	\$27.00
Fiano Gold Medal Winner - Ballandean Estate 750ml		\$32.00
Chardonnay Opera Block - Ballandean Estate 750ml	\$8.50	\$34.00
Estate Reserve Chardonnay - Clovelly Estate 750ml		\$25.00

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Regional Wine List

Available by the bottle dine in or take away

Selected varieties available by the glass

	gls	btl
<u>Rose</u>		
Summertime - Ballandean Estate 750ml		\$20.00
Messing About - Ballandean Estate 750ml	\$6.00	\$24.00
<u>Fruit Wine</u>		
Strawberry Sparkling – Ohana Exotic Fruit Winery 750ml		\$25.00
Dragonfruit – Ohana Exotic Fruit Winery 750ml		\$23.00
Lychee – Ohana Exotic Fruit Winery 750ml		\$23.00
Mango – Ohana Exotic Fruit Winery 750ml		\$23.00
Pineapple – Ohana Exotic Fruit Winery 750ml		\$23.00



Regional Wine List

*Available by the bottle dine in or take away
Selected varieties available by the glass*

<u>Red</u>	gls	btl
Grenache - Clovelly Estate 750ml		\$20.00
Merlot 750ml	\$5.50	\$22.00
Il Taglio Mediterranean Blend - Clovelly Estate 750ml		\$25.00
Alicante Bouchet - Clovelly Estate 750ml		\$25.00
Barbera - Clovelly Estate 750ml	\$6.50	\$25.00
Sangiovese - Clovelly Estate 750ml		\$25.00
Cabernet Sauvignon Opera Block 750ml		\$34.00
Shiraz Opera Block - Ballandean Estate 750ml	\$8.50	\$34.00
Shiraz Estate Reserve - Clovelly Estate 750ml		\$35.00
Saperavi Opera Block - Ballandean Estate 750ml		\$44.00
 <u>Fortified</u>		
White Liqueur Muscat - Ballandean Estate 500ml		\$26.00
Rum Ball Liqueur - Ballandean Estate 750ml		\$28.00
Fine Old Tawny - Ballandean Estate 750ml		\$28.00



Cold Drinks

Spring Water

Mount Warning Perfectly Still	500ml	\$2.60
	1Ltr	\$4.50
Mount Warning Lightly Sparkling	500ml	\$3.00
	1Ltr	\$4.90
Spring & Grove All Natural	330ml	\$4.00

Juice

Cold Pressed Juice by HRVST ST.

By the jar	330ml	\$6.00
By the bottle	1Ltr	\$12.00

- **Blood Bank*** (beetroot, apple, cucumber, ginger & lime)
- **Endless Summer*** (pineapple, apple, lemon & cayenne pepper)
- **Little Green*** (kale, spinach, celery, lemon, cucumber, ginger & spirulina)
- **Orange Sky*** (orange, pineapple, lemon & turmeric)
- **Ruby Tuesday*** (watermelon, rhubarb, pink lady apple, pear & lime)



Juice

Grove Juice Signature Label **350ml** **\$3.50**
 Cloudy Apple* / Orange* / Mandarin*

Grove Juice Signature Label **1Ltr** **\$6.50**
 Apple Ginger* / Apple Mandarin & Passionfruit* / Orange*

Grove Juice Classic Label **250ml** **\$2.50**
 Cloudy Apple* / Orange* / Mandarin*

Byron Bay Ginger **\$4.50**
 Ginger Blast 300ml* / Ginger Cranberry*375ml*

Iced Tea **\$4.50**
 Served with lime, rose petals & rosella syrup

High Protein Smoothie

Barambah Organics (Yoghurt based) **375ml** **\$4.50**
 Banana* / Blueberry* / Mango* / Vanilla*

Probiotic Drinks

Bucha of Byron Kombucha **330ml** **\$4.50**
 Ginger* / Lemon Myrtle* / Original*



Yogi Beer Kombucha **330ml** **\$4.50**

Ginger* / Heavenly Hibiscus* / Lemon & Turmeric* / Original*

Soft Drinks

Crows Nest **330ml** **\$3.80**

Cherry Cheer* / Cola* / Creaming Soda* / Mandarin*

Bundaberg **375ml** **\$3.80**

Ginger Beer* / Diet Ginger Beer* / Sarsaparilla* / Diet Sarsaparilla* / Lemon, Lime & Bitters* /
Diet Lemon, Lime & Bitters* / Traditional Lemonade

Soda

Suncoast Limes Soda **330ml** **\$4.00**

Lime* / LimeBerry Fizz* / Scurvy Dog (Chilli Lime)*

CC's Rosella Soda **300ml** **\$3.80**

Ginger* / Heavenly Hibiscus* / Lemon & Turmeric* / Original*

Regionally Sourced Flavoured Milk **300ml** **\$2.50**

Chocolate* / Strawberry *



Valentine's Day



\$120 per couple

Glass each of Ballandean Estate Range Reserve Sparkling on arrival

and a rose for your loved one

2 Tapas courses

Parmesan & cauliflower croquettes

Tea smoked scallops

Your choice of main

Milk braised pork belly

or

Barramundi with miso & ginger sauce

or

Pumpkin tortelli, sage brown butter & brie

Followed by dessert

Chocolate tart with pistachio & rosewater ice cream

To take home for later

1 bottle of Ballandean Estate Range Reserve Sparkling & sweet treats

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