

market fresh produce

Weekly Produce Box \$30 (suitable for 2 people for 5 days) **or \$50**

fresh & local seasonal fruit and vegetables - this week's selection includes - tomatoes, potatoes, onions, pumpkin, carrots, zucchini, mesculun salad tub, avocado, stone fruit, apples and citrus fruit

Smallgoods & Meat

Schulte's

hot or mild salami 150g \$6.95

smoked chorizo 200g \$6

pork & fennel sausages RW min. 500g \$16.99 per kg

honey, chilli, soy beef sausages RW min. 500g \$16.99 per kg

Borgo Salumi

prosciutto 100g \$9.5

pancetta 100g \$8.5

Gilly's

ham RW min. 450g \$9.90

bacon RW min. 500g \$9

Mt Warning Smoke House

smoked chicken breast RW min. 400g \$24 per kg

Milk

Maleny Dairies

full cream -1lt \$2.95 / 2lt \$4.85

full cream gold (Guernsey milk/pasteurised only) - 1lt \$3 / 2lt \$4.95

low fat - 1lt \$3 / 2lt \$4.95

4 Real Milk

full cream (pasteurised only) - 2lt \$4.7

lactose free (pasteurised only)- 2lt \$4.95

Barambah Organics

lactose free (pasteurised only) 1lt \$2.7

Yoghurt

Barambah Organics - real fruit yoghurt (assorted flavours) 500g \$5.8

Barambah Organics - real fruit yoghurt (assorted flavours) 200g \$3

4 Real Milk - unsweetened natural yoghurt 1kg \$8.5

Cream & Butter

Norco - salted butter 250g \$5.8

Norco - pure cream 300ml \$3.4 / 600ml \$5.8

Maleny Dairies - real cream 350ml \$3.7

Cheese

Norco - tasty cheddar 500g \$9.4

Norco - elbo style cheese 500g \$9

4 Real Milk - triple cream brie 200g \$10.5

Bunya Cheese - bunya black ash cheese 200g \$12.5

Emmos Fine Foods - marinated goat's fetta 300g \$12.5

Eggs

Fresh As - free range eggs xlarge 700g 1 dozen \$6

Bread

P360 caper salt sourdough - fresh \$8.5/frozen \$7.7

Ciabatta twin pack - fresh \$3.4/frozen \$3.1

Paleo Rolls - 6 rolls/frozen only \$14.50

Pantry Essential

Bundaberg Sugar - caster 500g \$2.4/icing 500g \$2.4/white 500g \$3.8/raw 1kg \$3.8

Clovely Estate - extra virgin olive oil 250ml \$16

P360 Raw Honey (locally sourced) 440g \$9.5

P360 Signature Coffee - beans or fresh ground 250g \$13.5